



Year Group	Passing & Receiving – Skills & Concepts
<b>Year 7</b>	<b>Technical Skills</b> <ul style="list-style-type: none"><li>- Chest Pass: Feet shoulder-width, elbows in, extend arms fully with thumbs down on release.</li><li>- Bounce Pass: Aim for 2/3 to receiver, low and fast to avoid interception.</li></ul> <b>Receiving</b> <ul style="list-style-type: none"><li>- Cushion catch, show hands early, body behind ball.</li></ul> <b>Tactical Concepts</b> <ul style="list-style-type: none"><li>- Introduce basic give-and-go and spacing.</li></ul>
<b>Year 8</b>	<b>Technical Skills</b> <ul style="list-style-type: none"><li>- Overhead Pass: Used to pass over taller defenders; step into the pass.</li><li>- Push Pass: One-handed pass used in tight spaces.</li></ul> <b>Receiving</b> <ul style="list-style-type: none"><li>- Move to ball, pivot to create next pass option.</li></ul> <b>Tactical Concepts</b> <ul style="list-style-type: none"><li>- Creating passing triangles, using width.</li></ul>
<b>Year 9</b>	<b>Technical Skills</b> <ul style="list-style-type: none"><li>- No-look Pass: Maintain vision, disguise pass direction.</li><li>- Wrap Around Pass: Used around tight defensive pressure.</li></ul> <b>Receiving</b> <ul style="list-style-type: none"><li>- Pivot and scan; anticipate secondary options.</li></ul> <b>Tactical Concepts</b> <ul style="list-style-type: none"><li>- Fast-break passing, exploiting space on transition.</li></ul>