



Year 4 Football Assessment

AR Sports Group – Igniting the Sport in Every Child

Passing & Receiving			Dribbling & Ball Mastery		
All	Most	Some	All	Most	Some
<ul style="list-style-type: none"> Perform a short pass using the inside of the foot with moderate accuracy. Stop the ball using the sole or inside of the foot when stationary. 	<ul style="list-style-type: none"> Perform passes with both feet using different parts of the foot (inside, outside). Receive passes while on the move using soft control and appropriate body shape. 	<ul style="list-style-type: none"> Execute longer passes using the instep (laces) with control. Receive lofted passes using chest, thigh, or foot with a cushioned touch. 	Dribble in a straight line using small touches with both feet.	Use changes of direction and footwork to keep the ball close under moderate pressure.	Perform creative moves such as drag backs, sole rolls or scissors to beat an opponent in a 1v1.
Positioning & Decision Making			Game Understanding & Tactical Awareness		
All	Most	Some	All	Most	Some
<p>Move into space after passing the ball.</p> <p>Understand simple team roles (defender, attacker).</p>	<p>Support teammates with angled runs and available passing options.</p> <p>Track the movement of opponents to intercept or block passes.</p>	<p>Make decisions based on game context (e.g., when to dribble vs. when to pass).</p> <p>Show early signs of leadership or communication on the pitch.</p>	Recognise the direction of play and move accordingly.	Understand and apply basic rules (e.g., throw-ins, kick-offs, goal kicks).	<p>Adjust positioning based on team's attack or defence phase.</p> <p>Understand basic tactical shapes (e.g., staying wide in attack, pressing in defence).</p>

<https://ARSportsGroup.com>